

Treatment For Swallowed Poisons:

Remove any remaining substance in or around the mouth.

Do not give the victim anything to eat or drink before calling the Poison Control Center at **1-800-222-1222**.

Do not make the victim vomit or give syrup of ipecac unless you are told to do so by the Poison Control Center.

Treatment For Inhaled Poisons:

Get the victim to fresh air right away and loosen clothing around the neck area.

Observe breathing for irregular patterns.

If the victim is unconscious or not breathing, call 911 immediately.

Give artificial respiration if necessary.

Otherwise, call the Poison Control Center at **1-800-222-1222**.

Treatment For Poisons in the Eye:

Flush the eye with lukewarm water in a gentle stream for 15 minutes. Call the Poison Control Center at **1-800-222-1222**.

Treatment For Poisons on the Skin:

Remove contaminated clothing and flush the skin with water for 10 minutes. Call the Poison Control Center at **1-800-222-1222**.

Most unintentional poisonings can be treated safely at home by following the advice of the Poison Control Center.

If it becomes necessary to go to the hospital, the Poison Control Center staff will notify the emergency department and make recommendations on the course of treatment to be given. When the patient arrives at the hospital, the emergency department staff will be ready to treat the patient, saving valuable minutes and lives.

When Calling the Poison Control Center:

Be prepared to give :

1. Your name, phone number, county and zip code.
2. The child's age, weight and any symptoms they may be experiencing.
3. The name and amount of the substance.
4. Any current health problems or medicines the victim is taking.

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A Guide To Poison Prevention



HUDSON VALLEY
POISON EDUCATION CENTER
at Phelps Memorial
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CHILDREN ACT FAST. SO DO POISONS

A poison is anything someone eats (ingests), breathes (inhales), gets in the eyes (ocular) or on the skin (dermal) that can cause sickness or death if it gets into or on the body.

Poisons can be solids, liquids, sprays or gases.

Of the estimated 2.5 million poisonings that occur each year, more than half occur in children under 6 years old.

The majority of these accidents occur at home and are often preventable. Young children are poisoned most commonly by things found in the home, such as, cosmetics, medicines and cleaning products.

Children like attractive packaging, good smells and are drawn to the colorful substances of many of these products.



Keep your family safe from poisons:

ALWAYS:

- Teach children to always ask a grown up before tasting, touching or smelling anything.
- Use safety locks on all cabinets and drawers.
- Store all medicines, chemicals and other dangerous products out of sight and out of reach of children.
- Keep poisons stored in their original containers. Make sure they are clearly labeled. Never store poisons in drink or food bottles.
- Read the label directions on all products before using them.
- Store medicines in containers with child-resistant caps whenever possible. These caps are proven deterrents to children trying to open medicine bottles.
- Avoid taking medicine in front of children. Young children often imitate grown-ups.
- Keep alcohol away from children. Even small amounts can cause problems.
- Keep purses and diaper bags out of reach.
- Know which plants around your home can be poisonous.

NEVER:

- Leave a young child alone with a potential poison, not even for a minute.
- Call medicine candy. Medicine and candy look alike and children cannot tell the difference.

Some of the most poisonous products in your home include:

MEDICINES AND VITAMINS:

- blood pressure
- sedatives
- diabetes
- iron

HOUSEHOLD PRODUCTS:

- drain cleaners
- gasoline and kerosene
- antifreeze
- windshield wiper solution
- lamp oil
- pesticides

Note: Do not mix products (such as chlorine and bleach). Many of these products are dangerous to inhale. Keep the area ventilated.

PERSONAL CARE PRODUCTS:

- mouthwash
- nail glue remover
- hair removal products

PLANTS:

- wild mushrooms
- dieffenbachia
- philodendron
- holly berries

ENVIRONMENTAL:

- carbon monoxide
- lead paint
- alcohol and tobacco